

# Edible Insect Unit



# Lesson 1: Introduction



**“Eating insects  
could help save  
the planet”**

# Lesson 2: Preliminary Food Model



Wheat field



Beef farm

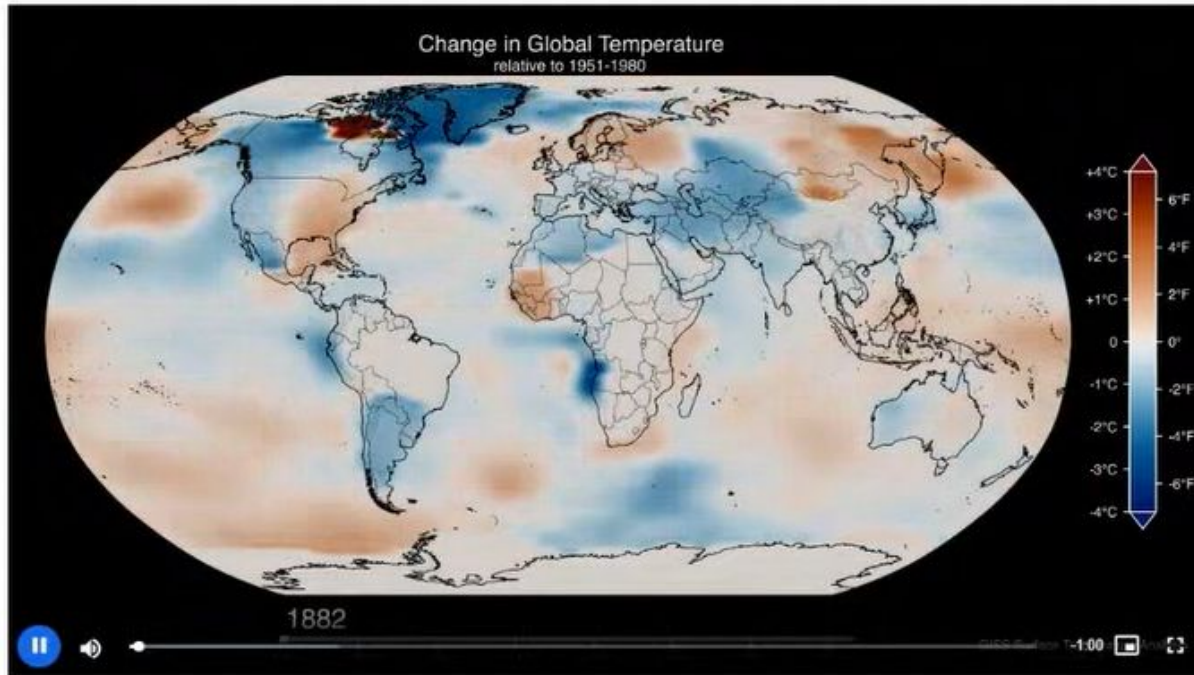


Dairy plant



Lettuce field

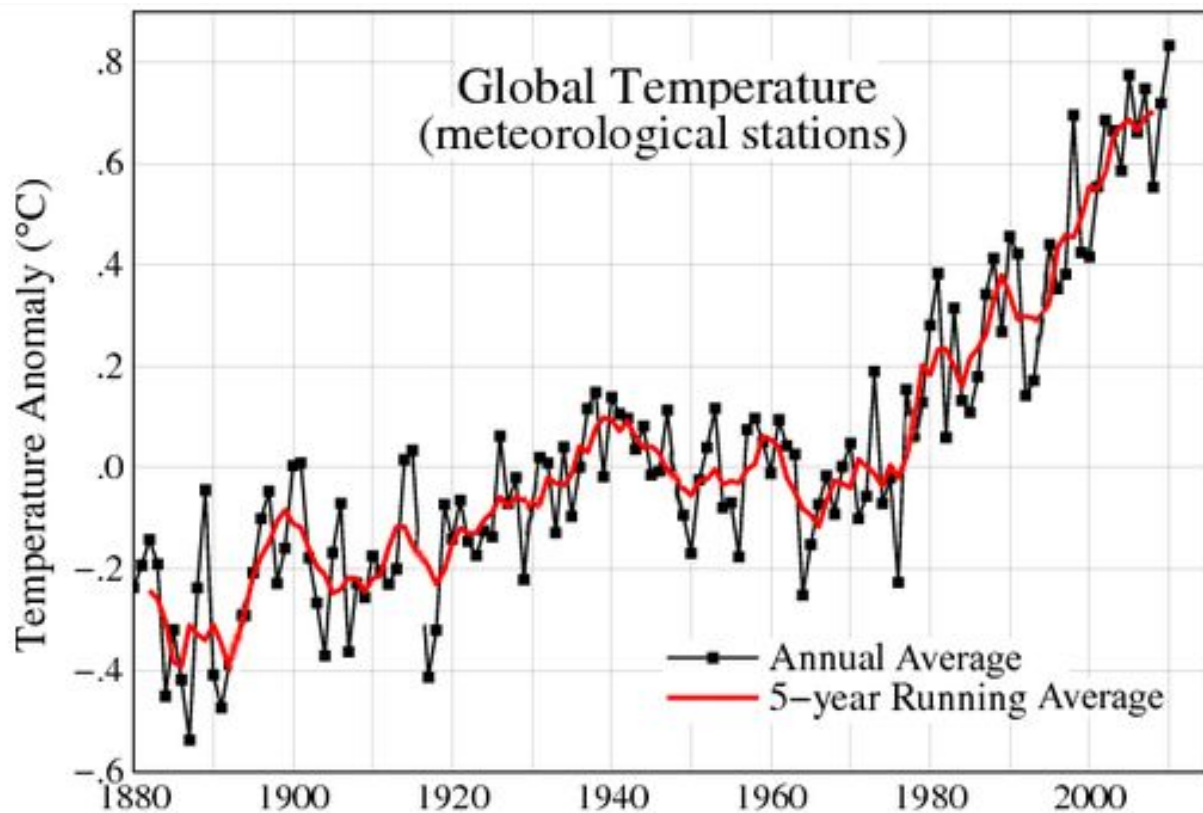
# Lesson 3: See-Think-Wonder



2025 global surface air temperature anomalies. <https://svs.gsfc.nasa.gov/5603/>  
NASA/Scientific Visualization Studio

The animation above shows the change in global surface temperatures. The period used to calculate the average for comparison is 1951-1980. Dark blue shows areas cooler than average. Dark red shows areas warmer than average. Short-term variations are smoothed out using a 5-year running average to make long-term trends more visible in this map.





Global warming refers to the increase in Earth's average near-surface temperatures over the past 100 years. "Anomalies" measure deviation from 1961-1990 averages.

# Climate v. Weather

What's the difference between  
weather and climate?

# Make a Claim

I think global temperatures are

.....

I think this is happening because .....

I think eating insects are related to global temperatures because.....

# Lesson 4: Explore - Looking at Global Temperatures

<b>Station # and description of station</b>	<b>Where the evidence is from</b>	<b>What do you see/notice? Record your evidence</b>	<b>Does this support your claim? Why or why not? (reasoning)</b>	<b>Questions?</b>
Station 1: Sea Surface Temperatures	NOAA.gov			

# Lesson 5: Explain - Looking at Global Temperatures

# CHALK TALK

THINKING ABOUT THINKING

SHHH! NO TALKING!

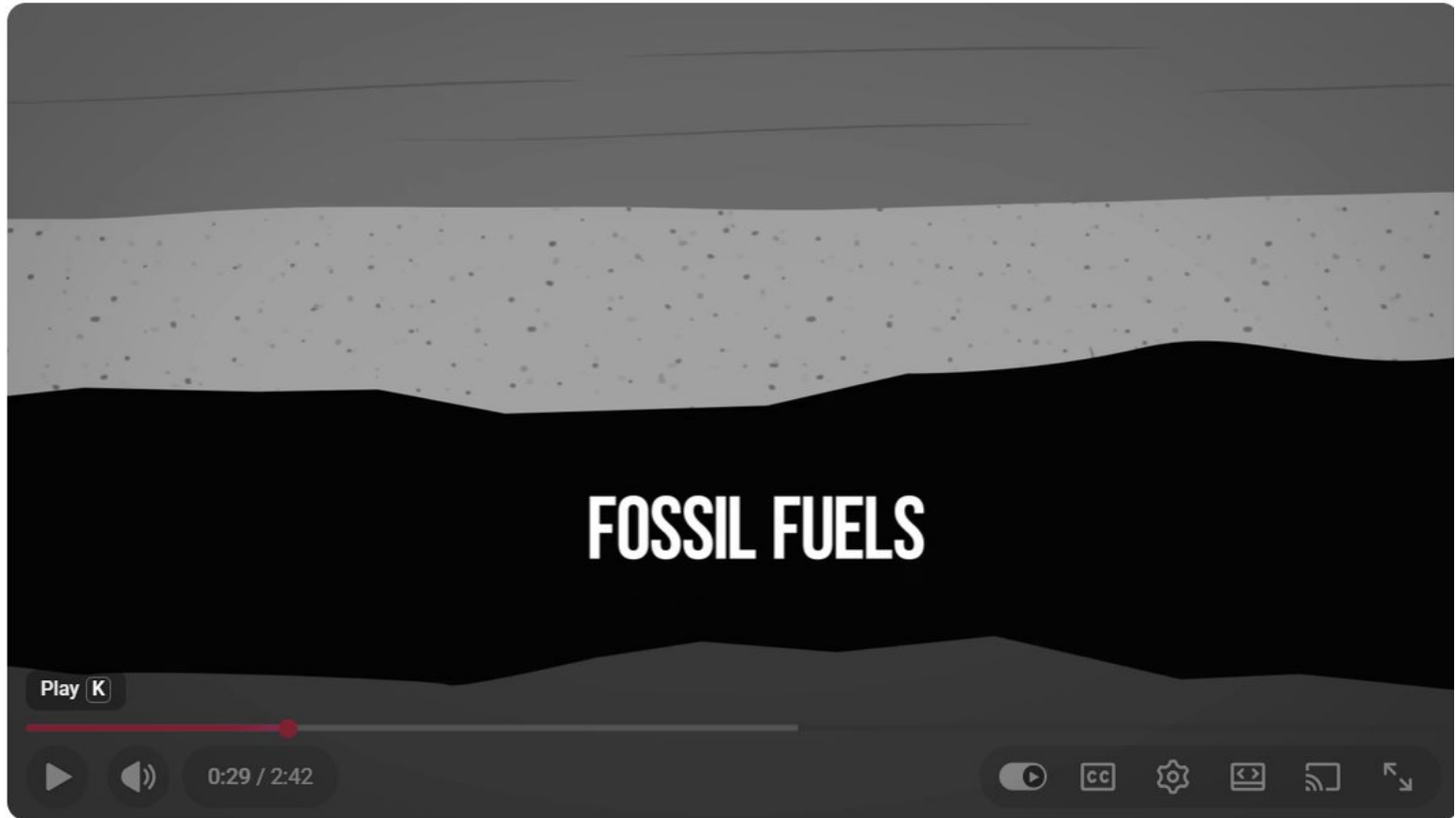
YOU ARE IN A THINKING ONLY ZONE!

YOU CAN...

- ◆ write down what you are thinking or wondering about.
- ◆ circle interesting ideas.
- ◆ write a question or add a comment to other people's comments.
- ◆ draw a line connecting your comment or question to a similar one.

# Lesson 6: Explore/Explain - Comparing Graphs

# Fossil Fuels



# Fossil Fuels



# Lesson 7: Explore- Modeling Greenhouse Gasses

# Modeling Greenhouse Gasses

- 1) Set-up 2 jars.
- 2) Tape a thermometer to the inside of each jar
- 3) Cover one jar with plastic wrap.
- 4) Add 1 tablespoon of baking soda and 1 tablespoon of vinegar to the second jar.
- 5) Cover with a plastic wrap.
- 6) Place in the sun.
- 7) Take temperature readings of both jars every 5 minutes.



## Data Table

Time	Jar A -	Jar B -
Start		
5 mins		
10 mins		
15 mins		
20 mins		

# Reflection Questions

1) Which jar warmed faster? Why?

*Jar \_\_\_\_\_ warmed faster because.....*

2) What might the jars represent?

*The jars might represent ..... because.....*

3) What are possible impacts of more heat trapped in the Earth's atmosphere?

*Two possible impacts of more heat trapped in Earth's atmosphere are.....*

# Greenhouse Gases



# What is the Greenhouse Effect

What is the Greenhouse Effect?

What is the greenhouse effect?



0:01 / 2:29



# The Greenhouse Effect - Animation



A simplified animation of the greenhouse effect. Credit: NASA/JPL-Caltech

# Lesson 8: Explain- Sources of Greenhouse Gasses

# The Greenhouse Effect - Animation



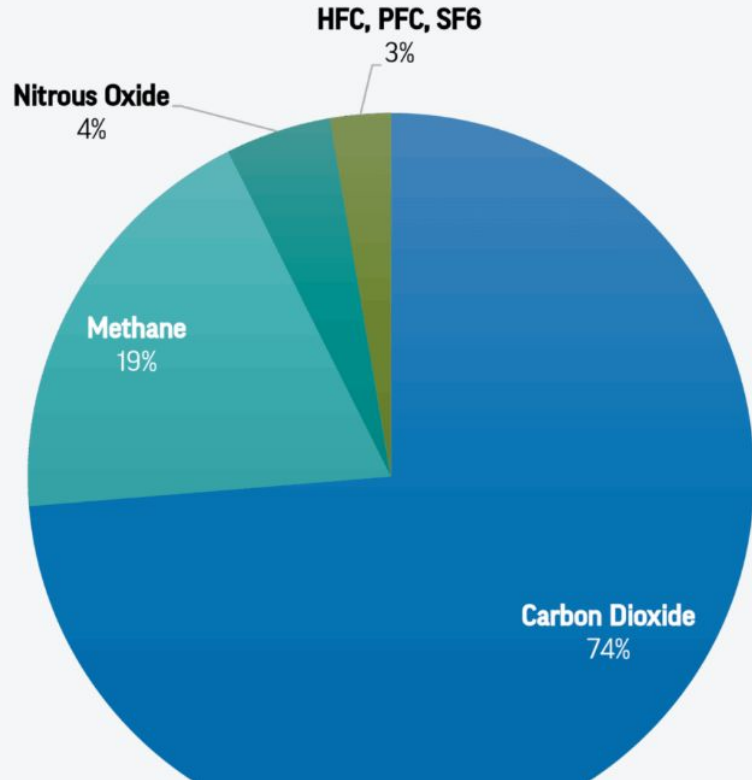
A simplified animation of the greenhouse effect. Credit: NASA/JPL-Caltech

# Greenhouse Gases

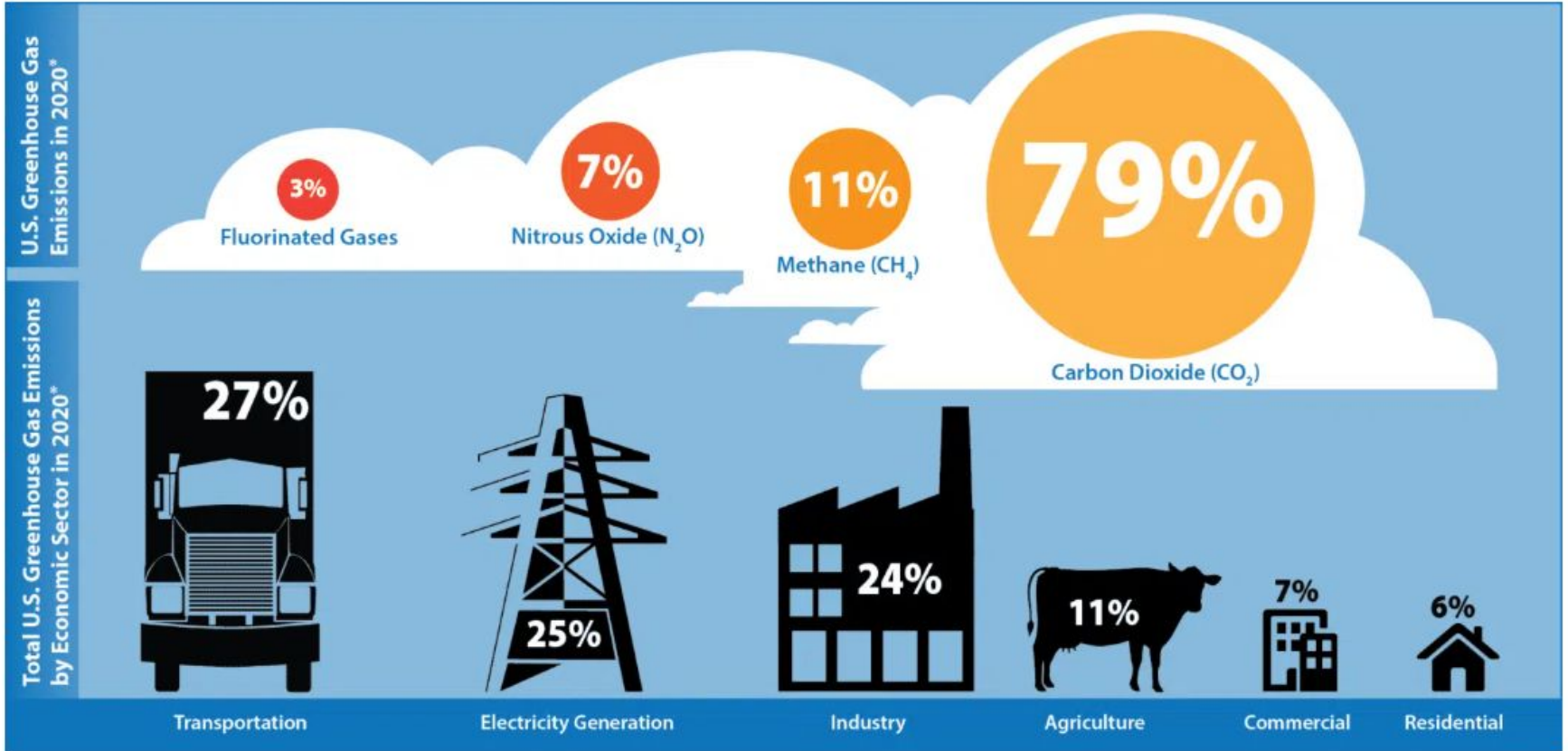


We've talked about how greenhouse gases trap heat and keep Earth warm, but what happens when too many greenhouse gases build up?

# Global Manmade Greenhouse Gas Emissions by Gas, 2023



## The Main Greenhouse Gasses



Contributors to the major greenhouse gases and their fractional contribution per year

# Notebook Set-Up

## Greenhouse Gasses

<b>Greenhouse Gas</b>	<b>%</b>	<b>Human Causes</b>	<b>Natural Causes</b>	<b>How it relates to food</b>
<b>Carbon Dioxide</b>	82%			
<b>Methane</b>	10%			
<b>Nitrous Oxide and Fluorinated Gases</b>	9%			

## Greenhouse Gases Notes

Greenhouse Effect: A warming of the earth that results when gases in the atmosphere trap heat from the sun that would otherwise escape into space.

# Greenhouse Gases Notes

Greenhouse Gases: Gases that trap heat in Earth's atmosphere.

# Carbon Dioxide Sources

## Human Causes

- **Burning Fossil Fuels** - (coal, gas, oil).  
For industry, electricity, transportation, etc.
- **Deforestation** - permanent removal of trees (for agriculture, construction, human development)

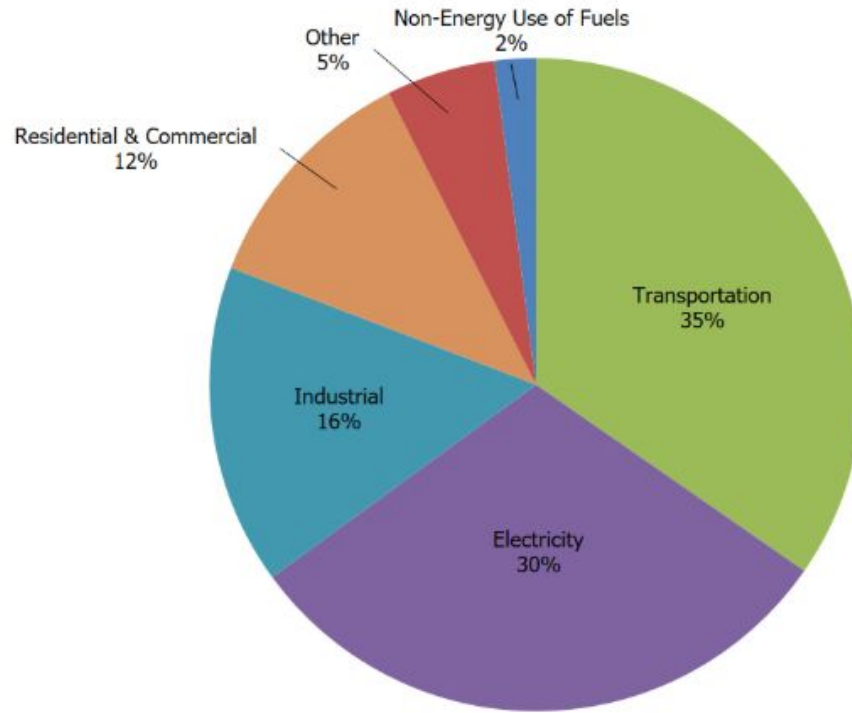


## Natural Causes

- **Wildfires**
- **Volcanic eruptions**
- **Decomposition**
- **Respiration**



## U.S. CO<sub>2</sub> Emissions, by Source



# Short Video about the Carbon Cycle

## WHAT IS THE CARBON CYCLE?

What is the carbon cycle? Carbon is the chemical backbone of all life on Earth.

▶ 0:02 / 1:16



# Methane Sources

## Human Causes

- **Livestock such as cows, pigs and goats** - they produce methane during their digestive process and in their manure.
- **Land use**
- **Energy and Industry**
- **Waste from home and business**

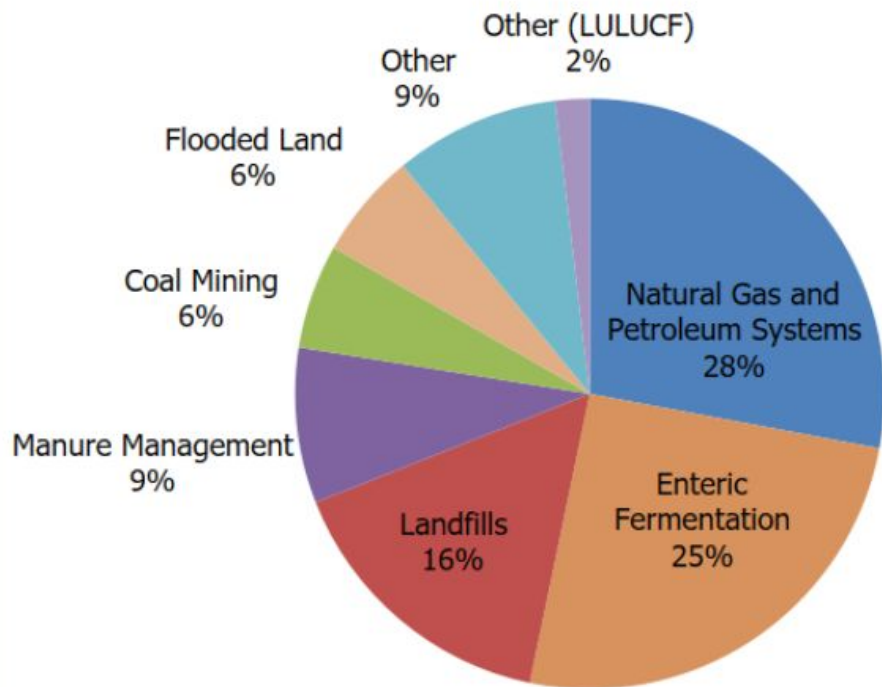


## Natural Causes

- **Wetlands**

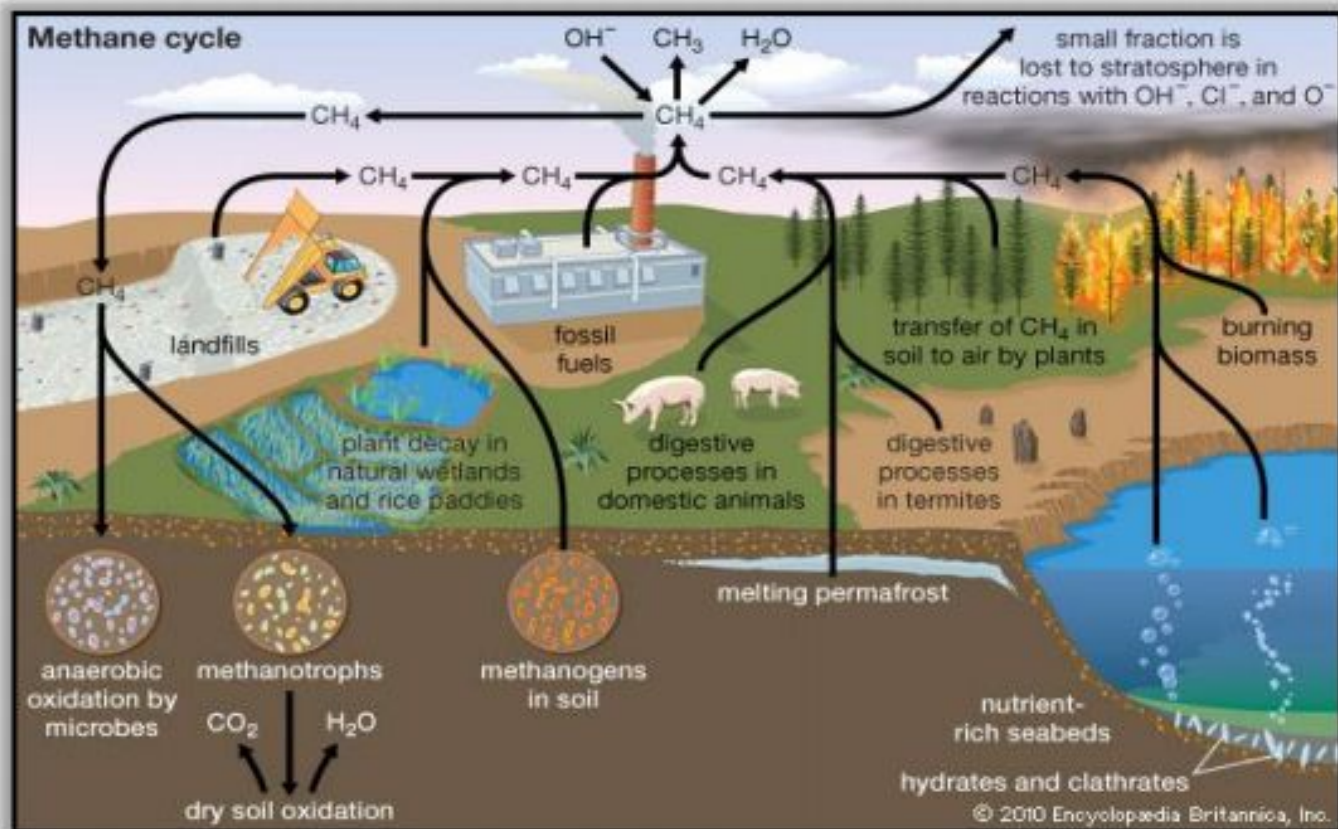


## U.S. Methane Emissions, by Source



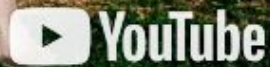
Note: All emission estimates are sourced from the [Inventory of U.S. Greenhouse Gas Emissions and Sinks: 1990-2022](#).

# THE METHANE CYCLE



# Cow Farts Blow Up A Barn!

Seeker



# Nitrous Oxide Sources

## Human Causes

- **Agriculture** - fertilizer, manure, burning crops, soil management
- **Human Industry**
- **Fuel combustion**
- **Wastewater treatment**

## Natural Causes

- **Bacteria breaking down nitrogen in soil**



× **Sources of Nitrous Oxides** >



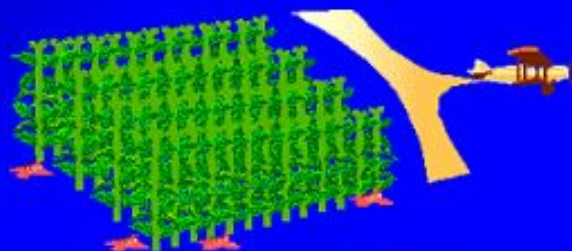
**Natural Soils**



**Oceans**



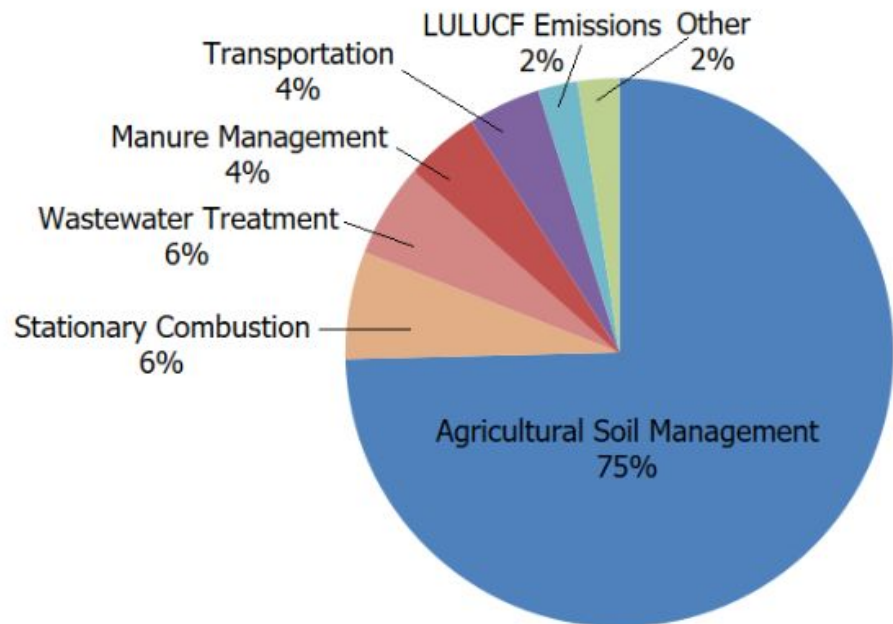
**Burning Fossil Fuels**



**Chemical Fertilizers**



## U.S. Nitrous Oxide Emissions, by Source



Note: All emission estimates are sourced from the [Inventory of U.S. Greenhouse Gas Emissions and Sinks: 1990–2022](#).

# Fluorinated Gases Sources

## Human Causes

- **Refrigerants**
- **Human Industry**

## Natural Causes

- n/a



# Climate Change Tetris.



**TEDEd**

Lessons Worth  
Sharing





# Lesson 9: Carbon Footprint

Name:

Date:

Class:

## Carbon Footprint Worksheet

**Instructions:** Answer the questions below, then fill in the corresponding values on the far right. Tally the values to find your carbon footprint. Only fill in one value for each question, unless otherwise stated

Ex. Do you turn off the lights when you leave a room?

a. Yes

a. 133

133

b. No

b. 268

\_\_\_\_\_

1. How do you get to school?

a. walk

a. 0

\_\_\_\_\_

b. bike

b. 0

\_\_\_\_\_

c. car

c. 1115

\_\_\_\_\_

d. bus

d. 131

\_\_\_\_\_

e. carpool

e. 459

\_\_\_\_\_

# **Lesson 10: Explain - Food and Global Temperature Changes**

# Directions

Read your article by yourself. Take **notes** and **highlight** important points for your section. Look for evidence to support **whether or not eating insects could help save the planet.**

## Directions

Meet with a new group of people who have read your same article. Talk to other people in your group about important points and evidence

# Poster

Include:

- Visuals
- Written explanations
- Information about how it could relate to eating insects.

# **Lesson 11: Planning an Investigation - Edible Insect Prep**

# Mealworms





1. Eggs



2. Larvae

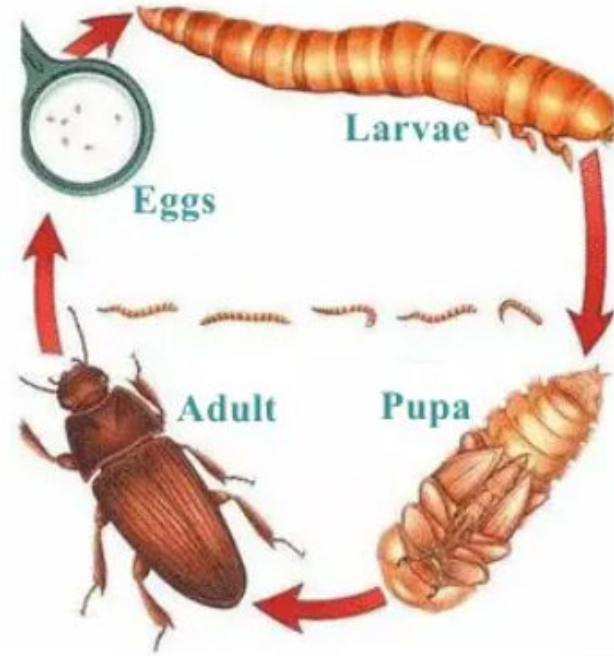


3. Pupae



4. Adult

# Mealworm Life Cycle



# Lesson 12: Planning an Investigation - Edible Insect Prep

# Question sorting



To Look Up



To Ponder/ Other



To Observe or Investigate

a. **To Look Up** – could be easily looked up online.

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b. **To Ponder** – questions that may not be able to be answered.

c. **To Investigate** – questions that can be answered through investigations or ongoing observations.

- a. **To Investigate** – questions that can be answered through investigations or ongoing observations.

# Investigation question criteria

Feasible

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Observable

Not too big

Not too small

# Our Testable Question:

# **Lesson 13: Planning an Investigation - Edible Insect Prep**

# Whats is a Hypothesis?

- A hypothesis is a tentative testable answer to a scientific question.
- It can be proven right or wrong



## Hypothesis

If [I do this] \_\_\_\_\_

then [this] \_\_\_\_\_

\_\_\_\_\_ will happen.

# Variables

## **Independent Variable**

(What you will be changing)

## **Dependent Variable**

(what you will be measuring or observing)

## **Controlled Variable**

(what you will be keeping the same)

# **Lesson 14: Planning an Investigation - Edible Insect Prep**

**Procedure:** What we will do, step-by-step. Write in detail so someone else could read this and reproduce your experiment.

## Procedure:

- Set-up two terrariums (or tanks).
- The first tank is the control. Place a layer of oatmeal approximately 3-4 inches thick at the bottom of the tank.
- Place several cut carrots in the control tank as water sources.
- Set-up second tank. Place a layer of \_\_\_\_\_ approximately 3-4 inches thick at the bottom of the tank.
- Place several cut \_\_\_\_\_ in the tank as water sources.
- Measure the length of 10 mealworms from each tank.
- Average the length and record data.
- Weigh 10 mealworms from each tank.
- Average the weight and record data.
- Repeat the weighing and measuring twice per week.

What materials or resources are needed?

## Materials:

- Mealworms
- Tank
- Digital Scale
- Ruler
- Oatmeal - Food
- Carrots - Water Source
- .....

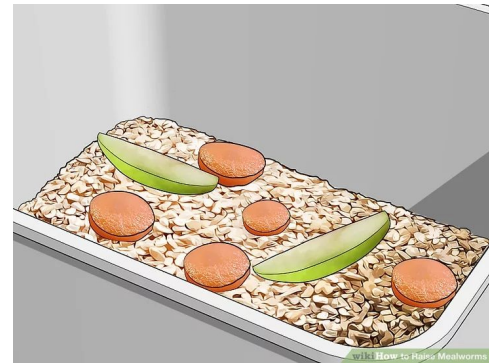




# Lesson 15: Planning an Investigation - Edible Insect Prep

# How to care for mealworms

- Their bedding serves as both bedding and food. Options include wheat bran, rolled oats.
- Moisture is required. Place pieces of carrots or potatoes or other fresh produce every few days. Remove uneaten as it will grow moldy. Be careful with very watery produce as it will tend to mold quickly.



# Lesson 17: Edible Insects

# Article: Can Eating Bugs Save the Planet?



Can Eating  
**BUGS**  
Save the Planet?

**It's possible!**  
**Insect chef David George Gordon explains how.**

Even the most adventurous eaters might think twice before swallowing a grasshopper. But what if insect-eating was good for the environment? Would you be brave enough to give it a try?

A team of Dutch scientists believes that the world would be better off, environmentally speaking, if people ate insects instead of cows (think beef and steak), pigs (ham and bacon), and other barnyard animals. Before you bug out, consider this: A serving of grasshoppers contains nearly the same amount of **protein** as a hamburger. In fact, many species of

**words to know**  
**protein**—a substance that is an important building block of many cells and is a necessary part of a healthy diet  
**greenhouse gas**—gases that trap heat inside Earth's atmosphere  
**emission**—matter that is released from something, like exhaust from a car's tailpipe  
**edible**—the condition of being safe to eat

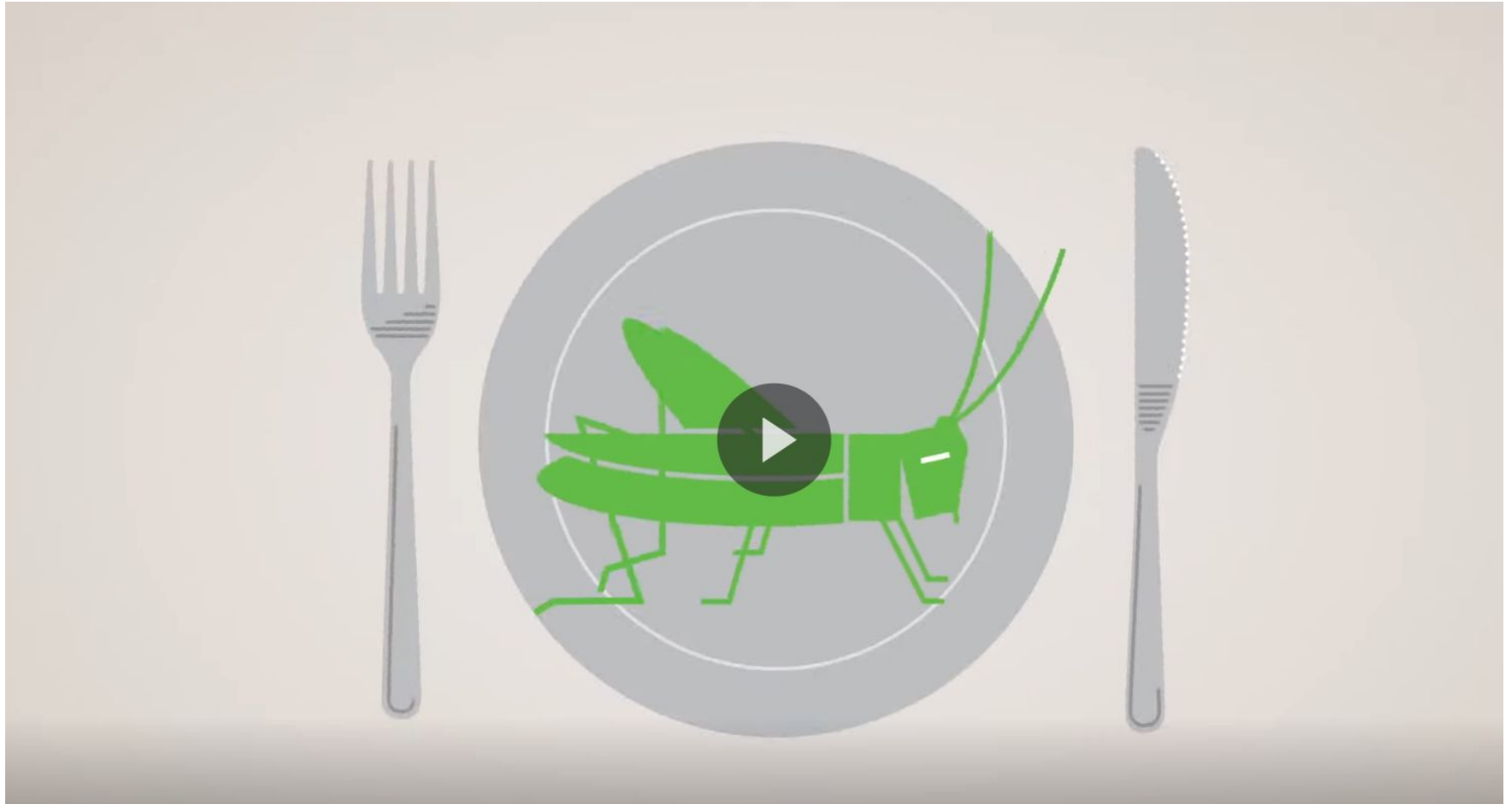
**web connections**  
For a video on insects, go to [www.scholastic.com/superscience](http://www.scholastic.com/superscience)

MAY 2011 13

## Questions

- 1) What nutritional value do some insects have?
- 2) How can eating insects help save water?
- 3) Explain one reason scientists think eating insects instead of animals like cows or pigs could help the environment?
- 4) Would you eat insects? Why or why not?

# National Geographic



WHY DON'T WE EAT  
BUGS?

Play K

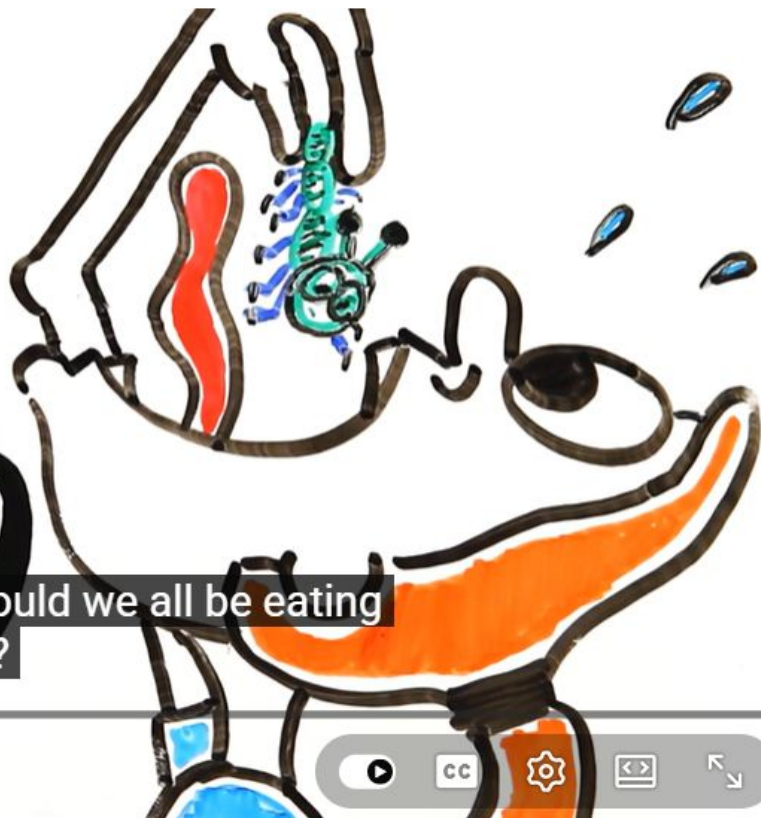
[Why don't we eat bugs?]



SHOULD WE ALL BE

EATING

INSECTS?



than most other foods? Should we all be eating insects?



0:12 / 3:04



CC



# CA Academy of Sciences: Bugs for Breakfast



# PBS: Why Eat Insects?

BEEF	MEALWORM	CRICKET
PROTEIN 21%	PROTEIN 19%	PROTEIN 20%
IRON 0.002%	IRON 0.002%	IRON 0.005%
UNSATURATED FAT 6%	UNSATURATED FAT 9%	UNSATURATED FAT 3%
CALCIUM 0.005%	CALCIUM	CALCIUM 0.1%

NOVA

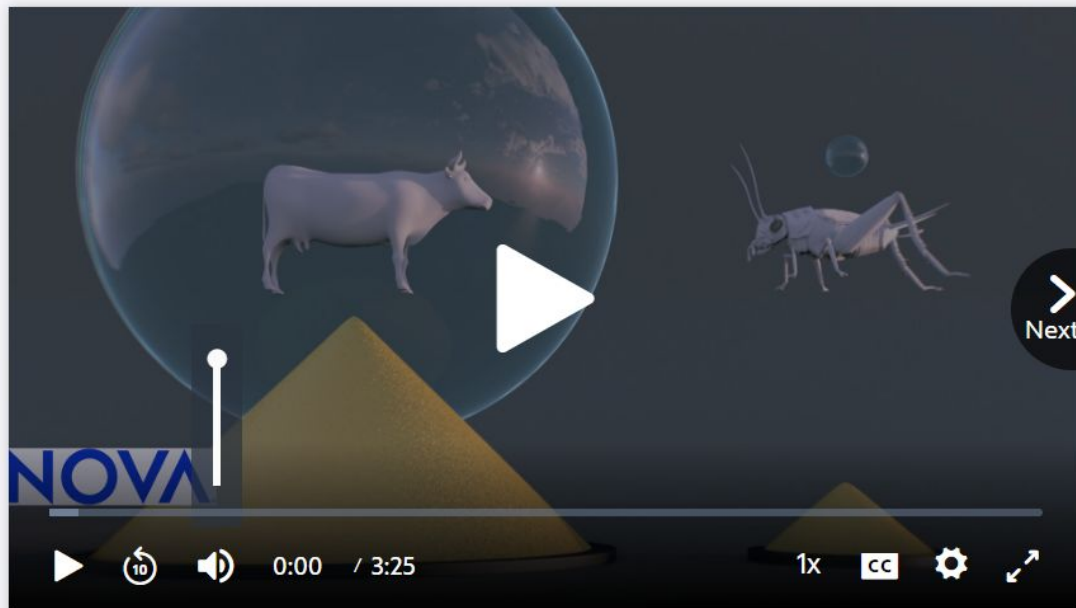
Next

0:00 / 1:50

1x CC

# Environmental Benefits of Eating Insects | Edible Insects

Media Gallery   Grades: 6-8   Collection: [NOVA Collection](#)



Resource 1 of 2

## Eating Insects to Feed the World | Edible Insects

Learn how insects need fewer resources to produce the equivalent amount of meat compared to cattle raised for beef.

[Transcript](#)

# Lesson 19: Analyzing and Interpreting Data

Results: (what was your evidence?)

Conclusion: (what did your evidence tell you?)

**Helpful Questions:**

1. Did our experiment agree or disagree with your hypothesis?
2. Did we get the results we expected? If not-how were the results different?
3. Where there any unexpected problems that may have affected our experiment results?
4. Do you think you collected sufficient data?

What questions do you still have?

## References/ Literature Cited: (articles, websites, lectures, etc.)

### **Article:**

Author(s). "Title of Article." *Title of Periodical*, Day Month Year, pages.

## References/ Literature Cited: (articles, websites, lectures, etc.)

### Website:

The most basic entry for a website consists of the author name(s), page title, website title, sponsoring institution/publisher, date published, medium, and date accessed.

**Last Name, First Name. "Page Title." *Website Title*.Sponsoring Institution/Publisher. Publication Date: Page Numbers. Medium.**

Smith, John. "Obama inaugurated as President." *CNN.com*. Cable News Network, 21 Jan. 2009. Web. 1 Feb. 2009.

## References/ Literature Cited: (articles, websites, lectures, etc.)

### **Lecture:**

Last, First M. "Presentation Title." Event Name. Location, City. Date  
Month Year Presented. Lecture.

Acknowledgments (who helped you with this project?)